



**November MLN Key Learnings  
TRAINING  
November 9, 2010**



The Mentoring Partnership offers a full menu of training options that you, your staff and your volunteers can take advantage of. A full listing of trainings available can be found [here](#), but below is a quick overview of some of our favorites.

**Mentoring 101 – The Meat and Potatoes**

This interactive training program provides participants with an introduction to mentoring and what to expect as a mentor. This is appropriate for both new mentors as an introduction and current mentors who would like a refresher. If nothing else, volunteers in your program should take this course to learn more about how to build a strong mentoring relationship.

**Mentoring 201 – Communicating Effectively**

Communication is key to the development of trust within a mentoring relationship. Did you know that 93% of how we communicate is in body language and tone? Verbal communication makes up only 7% of how we communicate. This interactive training will help participants strengthen their communication skills in order to build a positive relationship with mentee(s).

**The 40 Developmental Assets**

Don't forget to check out the 40 developmental assets for specific age groups [here](#). These building blocks of development help young people grow up to be healthy, caring and responsible.





**January is National Mentoring Month – “Help them get there. Be a mentor.”**

National Mentoring Month is celebrating its 10<sup>th</sup> anniversary in January. And “Thank Your Mentor Day” is Tuesday, January, 25, 2011. How are you celebrating? See below for some great ideas that came out of the **FIRESTORM** we had during the MLN meeting.

Provide information on National Mentoring Month to local churches for their bulletins. Have a mentor and mentee speak at services.

Launch a new mentor training initiative in honor of National Mentoring Month. Offer a series of trainings and have the last session be a surprise appreciation party.

Highlight successful mentoring relationships in brief video clips. Go viral and post the clips on Facebook and/or YouTube.

Host a party to thank your current volunteers. Turn it into a friend drive – ask volunteers to bring a friend with them to learn more about getting involved.

Host a mentor/mentee dinner and ask each match to bring a potluck dish that represents their heritage or background. Share success stories and invite potential volunteers as a way to get to know those already involved in your program.